



IV vs. Subcutaneous Cancer Treatment: What Patients Should Ask

Brief Episode Summary

What does it actually feel like to switch from an IV infusion chair to a quick injection under the skin? Host James Hiter talks with fellow patient advocate Stephanie Williams, a former registered nurse living with ALK+ non-small cell lung cancer, about subcutaneous (SubQ) drug delivery from both sides of the needle. Stephanie shares what changed for her when she moved from chemo and IV access to an oral targeted therapy, why SubQ injections carry less risk and recovery time than IV or intramuscular delivery, and how patients can bring the option up with their own care team.

What You'll Learn in this Episode

- What subcutaneous (SubQ) drug delivery is, how it compares to IV and intramuscular administration, and why it carries less risk and recovery time
- How to bring up SubQ options with your own oncologist, and where to turn for help navigating insurance coverage
- Reflections on reclaiming time and normalcy during cancer treatment, from both a patient's and a former nurse's point of view

Guests

James Hiter – Patient Advocate, LCFA Speakers Bureau. James is living with lung cancer and is the founder of Streak For a Cure, a non-profit raising awareness and funding for lung cancer research.

Stephanie Williams – Longtime LCFA volunteer and Speakers Bureau member. Diagnosed with stage 2 non-small cell lung cancer (ALK+) at age 37, Stephanie is a former registered nurse and mother who underwent surgery and chemotherapy before transitioning to oral targeted therapy.

Links and Resources

- [Subcutaneous \(SubQ\) Cancer Treatment: What It Is and How It Works](#)
- [LCFA Speakers Bureau](#)
- [Biomarker Testing](#)



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