



## What Is SubQ? How Subcutaneous Treatment Is Changing Life With Lung Cancer

This episode explores how subcutaneous (SubQ) treatment options in lung cancer are changing the day-to-day experience of care, without compromising outcomes. Through a candid conversation with oncologist Dr. Coral Olazagasti and patient advocate Stephanie Williams, we break down what SubQ really means, how it differs from traditional IV treatment, and the real-world problems it was designed to solve. From time and energy regained to a renewed sense of control, the discussion highlights how rethinking how treatment is delivered can make cancer care feel more humane and livable.

### Guests:

**Dr. Coral Olazagasti**



### Speaker bio:

Coral Olazagasti, MD is an assistant professor at the Sylvester Cancer Center, University of Miami at Miami, Florida. Dr. Olazagasti developed an interest in lung cancer screening while witnessing that the majority of new referrals during an outpatient oncology elective presented with advanced stages of lung cancer. Being a Latina physician, she is personally invested in ethnic and racial disparities in the medical field and has drawn on her own experiences to highlight the inequities and barriers that minority patients face in healthcare. She hopes to continue to expand her research passions and help close the gap for minorities and vulnerable populations.

### Resources:

- <https://med.miami.edu/faculty/coral-olazagasti-md>
- <https://www.lungcancerstoday.com/post/journeys-in-thoracic-oncology-meet-coral-olazagasti-md>
- [https://www.youtube.com/watch?v=DYC7\\_AZcLNI](https://www.youtube.com/watch?v=DYC7_AZcLNI)

## Stephanie Williams



### Speaker bio:

Stephanie Williams is a patient advocate living in Harrisburg, PA, with her husband and young daughter. Stephanie was diagnosed with non-small cell lung cancer in October 2021. Before becoming a stay-at-home parent, Stephanie worked in home health care as a registered nurse. Stephanie shares her experiences as a lung cancer patient while advocating for more research via social media.

- Resources:
  - <https://lcfamerica.org/story/tiktok-star-with-lung-cancer-stephanie-williams>
  - <https://www.instagram.com/p/DAHnspCPo1A>
  - <https://www.facebook.com/watch/?v=584723838013811>

LCFA's mission is the improvement in survivorship of lung cancer patients through the funding of transformative science.

While raising funds to support lung cancer research, LCFA will raise the public's awareness and serve as a resource for patients or anyone seeking answers, hope, and access to updated treatment information, scientific investigation, and clinical trials.

You can also join the conversation with LCFA on [Facebook](#), [Twitter](#), and [Instagram](#).