



Navigating Intimacy Challenges in Lung Cancer Show Notes

Sexual side effects of a lung cancer diagnosis can be physical, mental, and emotional. Sexuality is about emotional connection and the expression of intimacy. However, a lung cancer diagnosis can change the emotional needs of each partner. Further impacting the situation, sexual problems are not often discussed during oncology visits. And having a sex talk with your doctor may be intimidating. In this podcast, we uncover what lung cancer patients and their partners can expect and how to best discuss these issues with their health care professionals.

Guests:

Jenni Daniel, BSN, RN - Jenni is a Life Coach for lung cancer survivors and their partners, helping them to navigate their cancer journey. Jenni owns and operates the MyNurse At Home, a cancer and life coach center.



Resources:

Communication about Sexuality and Intimacy in Couples Affected by Lung Cancer and their Clinical Care Providers - <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3319754/>

Sexual dysfunction high among women with lung cancer -

<https://www.dana-farber.org/newsroom/news-releases/2022/sexual-dysfunction-high-among-women-with-lung-cancer>

My Nurse At Home - <https://www.mynurseathome.com>

Connect on LinkedIn -

https://www.linkedin.com/in/jenni-daniel/?trk=public_profile_samename_profile_profile-result-card_result-card_full-click



Annabelle Gurwitch - Lung Cancer survivor. Annabelle is an actress, activist, and best-selling author. She went to have a Covid test and left with a stage 4 lung cancer diagnosis. Annabelle's story of an accidental lung cancer diagnosis is a very common story among lung cancer patients. In Annabelle's case, getting an accurate diagnosis indicated her tumor's biomarker, EGFR Exon21.



Resources:

A Lung Cancer Patient's Passionate Desire for Sexual Healing -

<https://academic.oup.com/oncolo/advance-article/doi/10.1093/oncolo/oyad268/7329106>

<https://www.annabellegurwitch.com>

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LCFA's mission is the improvement in survivorship of lung cancer patients through the funding of transformative science.

While raising funds to support lung cancer research, LCFA will raise the public's awareness and serve as a resource for patients or anyone seeking answers, hope, and access to updated treatment information, scientific investigation, and clinical trials.

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