



SOONER IS BETTER. EARLY DETECTION MAKES A DIFFERENCE

Most lung cancer symptoms can be associated with other health issues. Testing for lung cancer is often overlooked until many other options are ruled out. If lung cancer is caught before it spreads, the likelihood of surviving 5 years or more improves to 60%.

#IWTYO I WAS TODAY YEARS OLD WHEN I LEARNED...

NOT TOO YOUNG?

69% of lung cancer diagnoses occur in people 65 or older, that still leaves 31% of diagnoses that occur in younger adults.

NO BUTTS OR VAPES?

Many people believe that smoking alone causes lung cancer. In the US, about 10% to 20% of lung cancers happen in people who **never smoked** or **smoked fewer than 100 cigarettes in their lifetime**. Another study found that across the U.S., female non-smokers amounted to 20 per cent of lung-cancer cases, while male non-smokers made up nine per cent.

There are many factors that might put you at risk for lung cancer. But, increasingly, people who have never smoked or who quit smoking many years ago are being diagnosed with lung cancer.

Know these other lung cancer risk factors besides smoking:

- Exposure to second-hand smoke
- Exposure to radon gas
- Exposure to asbestos
- Exposure to other carcinogens
- Air pollution
- Arsenic in drinking water
- Previous radiation to lungs
- Personal or family history of lung cancer

SMOKER/FORMER SMOKER? TAKE THE QUIZ. DO THE MATH.

During the last decade, patients over age 50 experienced a significant shift to earlier stages of disease identified, likely due to the onset of lung cancer screening in the U.S. Find out if you're eligible for lung cancer screening.



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Fewer than 1 in 7 lung cancer patients will be diagnosed in the earliest stage, when the disease is most treatable. Screening for lung cancer for high-risk individuals using low-dose CT scans can lead to the earlier detection of lung cancer and save lives.

TAKE THE QUIZ. DO THE MATH

You may qualify for Medicare approved lung cancer screening

1 Are you between the ages of 50 and 80? YES NO

2 Are you asymptomatic?

Show NO signs or symptoms of lung cancer such as:

- Persistent cough
- Chest pain
- Shortness of breath
- Unexplained weight loss
- Hoarseness
- Chronic bronchitis

YES NO

3 Do you currently smoke or did you quit smoking within the last 15 years AND have or had a tobacco smoking history of at least 20 “pack years” — an average of 1 pack a day for 20 years?



Number of
years
smoked

Average # of
packs smoked
per day

Pack
Years

X

=

YES NO

✓ DID YOU SAY YES TO ALL 3 QUESTIONS?

YES

Make an appointment with your doctor and let them know that you meet the criteria for an annual CT screening that is covered by Medicare and most health insurance providers.

NO

If you answered NO to any of these questions and have any questions or concerns regarding your lung cancer risks, you should make an appointment with your doctor.